

Spiritual Cleansing Practices & Techniques

Saturday, May 11 10:00am - 2:00pm \$60.00
at Core Chiropractic, 27 East Main St., Little Falls, NJ

With **Rev. James Jagadish Ruttler**



Learn methods to cleanse yourself, family, friends and your space (home, work, etc.,) of negative energy. Also learn what you can do to prevent the accumulation of negativity by utilizing many practices and many tools, from the unusual to the mundane. You don't need special tools, though we will explore them. Everyday household items can do wonders!

Join us and learn how to lift yourself from the negativity of the world around us. *(You will be given the tools and have the opportunity to put some of the methods into practice during the workshop.)*

Rev. James Jagadish Ruttler has been a Senior Instructor of Integral Yoga since 1995, a Licensed Massage Therapist since 2007, specializing in Swedish, Deep Tissue, Cranial Sacral Integration, Acupressure and Reflexology, and a Reiki Master since 2001.

James discovered his spiritual journey at an early age. He has studied and explored many aspects of spirituality. In 2006 he became an Interfaith Minister and has dedicated his life to serving others and sharing his knowledge of spirituality.

To Register: Phone: (201) 988-4657 or Email: revjfr@gmail.com