

Correct Your Posture



Perfect Your Voice

As a singer, your body is the instrument. Just like carving a violin, you can change the shape of your body in a way that improves tone quality and increases breath capacity. No surgery is involved; all you need to do is attain the proper posture!

Dr. JoAnn Giesenhaus is Guest Speaker, presenting to:

**The Spanish Choir of
The Cathedral Basilica of the Sacred Heart
89 Ridge Street, Newark New Jersey
May 24, 2023 at 7:30 PM**

