## Massage Menu

30 minutes \$50	<b>Swedish</b> 60 minutes - \$80	90 minutes - \$120
30 minutes \$50	<b>Sports</b> 60 minutes - \$80	90 minutes - \$120
30 minutes \$50	<b>Deep Tissue</b> 60 minutes - \$80	90 minutes - \$120
30 minutes \$60	<b>Hot Stone</b> 60 minutes - \$90	90 minutes - \$130
30 minutes \$65	<b>CBD</b> 60 minutes - \$95	90 minutes- \$150
*GIFT CERTIFICATES AVAILABLE		

## **Tip Guide**

30 minutes \$10 -\$15

60 minutes \$15 -\$20

90 minutes \$25 -\$30

Cash Tip Preferred!

Also Accepting:

Cash App – Venmo - Zelle

Thank You!

## **Benefits of Massage**

Swedish – Reduces Joint Pain and Improves Circulation

**Sports** – Relieves Muscle Pain, Speeds Healing of Injuries, Increases Flexibility

**Deep Tissue** – Reaches Deep Layers of Muscle to Reduce Tension, Relieves Stress, Improves Posture

**Hot Stone** – Relieves Muscle Tension and Pain, Reduces Stress and Anxiety

CBD Oil – Reduces Anxiety, Stress, and Inflammation